

University of Cincinnati Transfer Articulation Agreement

Cincinnati State Technical and Community College, Associate of Applied Science, Health and Fitness Technology to UC College of Education, Criminal Justice, and Human Services, Bachelor of Science, Health Education: Exercise and Fitness

Originating Institution: Cincinnati State Technical and Community College Degree/Program: Associate of Applied Science – Health and Fitness Technology	
Target Institution: University of Cincinnati / College of Education, Criminal Justice, and Human Services Degree/Program: Bachelor of Science – Health Education: Exercise and Fitness	
Introduction: This agreement details the <u>applicability</u> of courses from the Cincinnati State Technical and Community College Associate of Applied Science – Health and Fitness Technology degree to the Bachelor of Science – Health Education: Exercise and Fitness degree in the UC College of Education, Criminal Justice, and Human Services. As a public institution governed by the Ohio Department of Higher Education, UC complies with the Ohio Transfer Module and the Transfer Assurance Guides (TAGs). Students who complete the Associate of Applied Science at Cincinnati State Technical and Community College have satisfied the UC General Education requirement.	
Articulation Overview: Graduates from Cincinnati State Technical and Community College who have followed the prescribed program and are accepted into the UC College of Education, Criminal Justice, and Human Services will enter with 59 transfer credits applicable toward the Bachelor of Science – Health Education: Exercise and Fitness degree.	
Admission Criteria: Please note: completing the courses on the worksheet below does not guarantee admission to the UC Bachelor of Science – Health Education: Exercise and Fitness degree program. Minimum GPA: 2.00 BS Completion: Completion of this program may require more than four semesters to complete due to prerequisite requirements and the order in which required courses must be taken and are offered. UC academic advising staff will work with each transfer student to develop the most expedient pathway to graduation Admission Period: Cincinnati State Technical and Community College students must be admitted to the UC College of Education, Criminal Justice, and Human Services during the duration of this agreement, i.e. between January 2019 to January 2022.	
Agreement Execution Date: January 2019	Agreement End Date: January 2022

EXECUTION, DURATION AND REVIEW OF AGREEMENT:

This agreement becomes effective upon its signing by the Deans of both Colleges and will remain effective for three years. At the end of this time, the agreement will be reviewed and may be renegotiated. Cincinnati State Technical and Community College and the UC College of Education, Criminal Justice, and Human Services agree to keep one another informed as program changes affecting the agreement occur. The Deans of both Colleges will agree upon any future additions and/or amendments to this document in writing.

This agreement will be reviewed on an annual basis and is subject to change due to revisions in program curriculum.

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Cincinnati State Technical and Community College students are encouraged to work closely with their academic advisor to monitor possible changes.

Robbin Hoopes, JD
Provost
Cincinnati State Technical and Community College

1/29/19

Lawrence Johnson, PhD
Dean, College of Education, Criminal Justice, and Human Services
University of Cincinnati

[date]

A Janelle McCord, PhD, MT (ASCP) SM
Dean, Health & Public Safety
Cincinnati State Technical and Community College

[date]

Janet Graden, PhD
Professor and Director
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Melinda Piles, MEd, ACSM, EP-C, CPT
Program Chair
Health and Fitness Technology
Cincinnati State Technical & Community College

[date]

Julia Buchanan, PhD, CHES®, EP-C
Assistant Professor and Program Co-Coordinator
Health Promotion and Education
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[date]

Primary Contact Person for this Agreement:

	Cincinnati State Technical and Community College	University of Cincinnati
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Cincinnati, Ohio 45223-2690	PO Box 210202 Cincinnati, Ohio 45221-0202
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Coursework Articulation

Agreement Execution Date: January 2019	Agreement End Date: January 2022
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Cincinnati State Technical and Community College			University of Cincinnati			
Course ID	Course Title	Sem Hrs	Course ID	Course Title	Sem Hrs	GenEd (BoK)
Courses Applied to Health Education: Exercise and Fitness Major						
DT 120	Nutrition for a Healthy Lifestyle	3	NUTR 1030	Personal Nutrition (Accepted in place of HPE 1012 Nutrition & Health)	3	
HFT 130	Foundations of Health and Wellness Programs	3	HPE 1020	Principles and Foundations of Health Promotion & Education	3	
HFT 164 Or HFT 168	Health and Fitness Across the Life Span 1 OR Health and Fitness Across the Life Span 2	3	HPE 3002 Or HPE 3001	Health Across the Lifespan II: Adult and Aging OR Health Across the Lifespan I: Adolescent and Child	3	
HFT 182	Personal Fitness Trainer Practicum	2	HFL 1053C	Physical Conditioning	1	
HFT 250	Exercise Physiology	4	HPE 3031 And 3032	Exercise Physiology And Exercise Physiology Lab	4	
HFT 255	Anatomical Kinesiology	3	HPE 4130	Kinesiology	3	
BIO 151	Anatomy and Physiology 1	4	BIOL 2001C	Anatomy and Physiology I (Accepted in place of HPE 2061 Human Structure & Function for Exercise Professionals I)	4	NS
BIO 152	Anatomy and Physiology 2	4	BIOL 2002C	Anatomy and Physiology II (Accepted in place of HPE 2062 Human Structure & Function for Exercise Professionals I)	4	NS
MAT 105	Quantitative Reasoning	3	MATH 1000BLOCK	Mathematics 1000 Level Block Credit (Accepted in place of HPE 2071 Applied Statistics for Human Services)	3	QR
Cincinnati State Equivalencies			Social Sciences Elective			
PSY 110	Introduction to Psychology	3	PSYC 1001	Introduction to Psychology	3	SS, DC
Cincinnati State Equivalencies			Exercise and Fitness Elective Courses			
HFT 156	Establishing a Personal Training Business	3	HPE 1000BLOCK	Health Education 1000 Level Block Credit	3	
HFT 152	Personal Fitness Trainer 2	3	HPE 2091	Essentials of Individualized Fitness Programming	3	

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HFT 260	Health and Fitness Program Design	3	HPE 2000BLOCK	Health Education 2000 Level Block Credit	3	
Cincinnati State Equivalencies			Health, Fitness and Leisure Elective			
PE 1xx	Physical Education Elective 1	1	HFL-XXXX	Counting towards HFL Elective	1	
PE 1xx	Physical Education Elective 2	1	HFL-XXXX	Counting towards HFL Elective	1	
EMS 100	CPR and First Aid for the Health Care Professional	1	ALH 1009C	CPR	1	
English Composition						
ENG 101	English Composition 1	3	ENGL 1001	English Composition	3	EC
ENG 102 Or ENG 103	English Composition 2: Contemporary Issues (102) Or Writing about Literature (103)	3	ENGL 2089	Intermediate Composition	3	EC
Additional Cincinnati State Technical and Community College Requirements			UC Free Electives (Program allows for 15 hours of Free Electives)			
COMM 110	Public Speaking	3	COMM 1071	Introduction to Effective Speaking	3	HU
HFT 151	Personal Fitness Trainer 1	3	HPE 1000BLOCK	Health Education 2000 Level Block Credit (<i>Counting as Free Elective</i>)	3	
HFT 294	Internship: Health and Fitness Technology	2	HPE 2000BLOCK	Health Education 2000 Level Block Credit (<i>Counting as Free Elective</i>)	2	
XXX XXX	Health and Fitness Elective	3		(<i>Counting as Free Elective</i>)	3	
FYE 1XX	First Year Experience Elective	1	MLTI 1000BLOCK Or MLTI 1071	Multidisciplinary 1000 Level Block Credit OR College Success Skills (<i>Accepted in place of PRFS 1001 First Year Experience in CECH</i>)	1	FYE

General Education/Breadth of Knowledge (BoK) key:

DC – Diversity and Culture	HP – Historical Perspectives	HU – Humanities	EC – English Composition
FA – Fine Arts	QR – Quantitative Reasoning	SE – Social and Ethical Issues	SS – Social Sciences
NS – Natural Sciences	TI – Technology and Innovation		

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The following coursework will be required to complete the Bachelor of Science, Health Education: Exercise and Fitness program at the University of Cincinnati

Sub. Code	Course Number	Full Course Name	Crdt Hrs	BoK
Health Education: Exercise and Fitness Courses			52	
HPE	1001	Personal Health	3	SE
HPE	1002	Introduction to Public/Community Health	3	SE
HPE	1004	Introduction to Epidemiology	3	NS
HPE	1010	Historical Perspectives in Health	3	HP
HPE	2002	Minority and Vulnerable Population Health	3	SS, DC
HPE	3051 and 3052L	Exercise Testing and Prescription and Exercise Testing and Prescription Lab	3+1	
HPE	3071	Health Education Program Planning, Implementation and Evaluation I	3	
HPE	3072	Health Education Program Planning, Implementation and Evaluation II	3	
HPE	3084	Strength and Conditioning Programs for Health Educators	3	
HPE	4091	Professional Development in Health Education	3	
HPE	4040	Administration of Exercise and Fitness Programs	3	
HPE	4060	Adapting Exercise for Special Populations	3	
HPE	5091	Internship: Health Education	12	
HPE Social Science Elective: Choose 1 of the following course			3	SS
HPE	1003	<i>Introduction to Global Health</i>	3	SS, DC
HPE	2001	<i>Drugs and Society</i>	3	SS, SE
HPE	2008	<i>Performance Enhancing Drugs</i>	3	SS, SE
HPE	2026	<i>Stress Reduction</i>	3	SS
Social and Ethical Issues Elective: Choose 2 of the following courses			6	SE
HPE	1005	<i>Mental Health Issues</i>	3	SE
HPE	1006	<i>Consumer Health</i>	3	SE
HPE	2000	<i>Human Sexuality and Health</i>	3	SS, SE
HPE	2004	<i>Women's Health Issues</i>	3	SE, DC
Free Electives: Choose one 3 credit course			3	
BS Health Education: Exercise and Fitness credit hours remaining			61	
Applicable transfer credits from Cincinnati State Technical and Community College			59	
Total hours to complete degree			120	

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Addendum C

Pursuant to the Transfer Articulation Agreement named below:

Originating Institution: Cincinnati State Technical and Community College

Degree/Program: Associate of Applied Science – Health and Fitness Technology

Target Institution: University of Cincinnati / College of Education, Criminal Justice, and Human Services

Degree/Program: Bachelor of Science – Health Education: Exercise and Fitness

Effective Dates: January 2019 – January 2022

This addendum identifies changes made to the original agreement and agreed upon by the Deans of both programs effective immediately upon signature and shall remain effective until the original agreement end date (noted above). Each institution/program is responsible for notifying students who may be utilizing this agreement of the modifications made to the original agreement through the addendum.

Modifications:

- Health and Fitness Technology has been renamed Exercise Science at Cincinnati State Technical and Community College.
- Personal Training 1 has been renamed Exercise Assessment at Cincinnati State Technical and Community College; course content and course number have not changed.
- Personal Training 2 has been renamed Exercise Programming at Cincinnati State Technical and Community College; course content and course number have not changed.

Signed in writing on 11/18/19

A Janelle McCord, PhD, MT (ASCP) SM [date]
Dean, Health & Public Safety
Cincinnati State Technical and Community
College

Signed in writing on 11/18/19

Lawrence Johnson, PhD [date]
Dean, College of Education, Criminal Justice, and
Human Services
University of Cincinnati